

Artistically Speaking: Art Programs & Classes

Artist Meet & Greet

On Wednesday, December 5, at 10:00 a.m., meet J. Robinson, artist, during this introductory session. View samples of workshop projects and enjoy a quick painting demonstration.

Collage with Karen:

On Tuesdays, December 11 and 18, at 2 p.m., join Karen for this 2-session workshop where you create a personalized collage using various mediums, inspired by different artists.

Course fee: \$20 p.p., due in-person, before or by December 4th.



Art of the Masters:

On Monday, December 17, at 10 a.m., the life and works of Grandma Moses will be discussed during a brief lecture.

Then, participants who have requested a Project Coupon (*while supplies last*) will create watercolor postcards in the artist's style.

Lecture only? Register by phone.

Need a coupon? Registration is required.

Space limited.



Chainmaille and Bead Weaving Demonstrations

On Fridays, December 14 and 21, at 1 p.m., join Cheryl Kaplan and discover how to make jewelry using chainmaille (12/14) and bead-weaving (12/21) techniques during these informative and fun demonstrations.

If there is interest, a 10-session class will be scheduled next year.

PaperTrails Project:

On Tuesday, December 18, at 10:30 a.m., Barbara and Samantha listened to your suggestions and have created this fun paper-crafting project for you. It's two classes in one where you can create a Pop-Up Card in a sparkling winter-like theme as well as eye-catching tissue paper flowers.

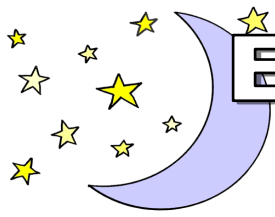
Class fee: \$20 p.p., due upon registering in-person by Dec. 11th.

Gogh's Impressionism:

On Friday, December 28, at 10:00 a.m., explore the life and work of Vincent Van Gogh during this thorough audio-visual presentation.

Pre-Registration is Required for All Activities.

For More information, Please Call the Office/Senior Center at 609-448-7140.



Evening & Weekend Programs

Weekend



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Thursday Nights for Getting Physical

Ballroom Dance at 6:00 p.m.

Boomers Fitness Challenge at 6:00 p.m.

Gentle Mat Yoga at 7:00 p.m.

Shape It Up at 7:00 p.m.

Monthly Friday Nights for Being Entertained

January 25 – Country Jamboree at 7:00 p.m. (FREE)

Saturday Mornings for Mind-Body-Spirit

Get Fit Core Class at 9:00 a.m.

Meditation Class at 10:15 a.m.

Free Saturday “Senior Pop-Up Series” Seminars:

January 12 - Healing with Crystal Bowls at 10:00 a.m.

January 26 - Benefits of the Daily Stretch at 10:00 a.m.

All Classes Consist of 10 Sessions for \$40 p.p.

Unless Otherwise Noted, Classes Commence the Week of January 7, 2019.

Registration Commences Mid-December.

Program Details Available in the January Senior Focus.

For More Information, Please Call 609-448-7140