

# JANUARY FREE PROGRAMS

NAME: \_\_\_\_\_

HOME PHONE: \_\_\_\_\_

NEED TRANSPORTATION?

YES  NO

WHEELCHAIR YES  NO

If YES, please list address: \_\_\_\_\_

You must sign up to participate in the following programs and activities

<u>PROGRAM</u>	<u>DATE</u>
<input type="checkbox"/> MUSIC OF PUCCINI	1/2/2019
<input type="checkbox"/> FAMILY RELATIONS 101	1/3/2019
<input type="checkbox"/> TRIVIA TIME	1/3/2019
<input type="checkbox"/> MANDOLIN INTRO	1/3/2019
<input type="checkbox"/> BAGELS PLUS	1/4/2019
<input type="checkbox"/> RINGING IN 2019 JIMMY GIVENS	1/4/2019
<input type="checkbox"/> THE BULGING BAGEL	1/7/2019
<input type="checkbox"/> PREVENTIVE CHALLENGE	1/9/2019
<input type="checkbox"/> INFLAMMATION TOP 10	1/9/2019
<input type="checkbox"/> MINDFULNESS BENEFITS	1/10/2019
<input type="checkbox"/> MANDOLIN CLASS	1/10/2019
<input type="checkbox"/> COZY CUISINE DEMO	1/11/2019
<input type="checkbox"/> SINGING BOWLS	1/11/2019
<input type="checkbox"/> HEALING WITH CRYSTAL BOWLS	1/12/2019
<input type="checkbox"/> REWIRE YOUR BRAIN	1/14/2019
<input type="checkbox"/> 3-D ART	1/14/2019
<input type="checkbox"/> THE FROZEN NORTH	1/14/2019
<input type="checkbox"/> RELEASE NEGATIVITY	1/15/2019
<input type="checkbox"/> NOVA KNOWS	1/15/2019
<input type="checkbox"/> HORMONES TO BLAME	1/16/2019
<input type="checkbox"/> FIVE WISHES	1/16/2019

**MORE PROGRAMS ON REVERSE SIDE >>**

<input type="checkbox"/>	TIME TO DECLUTTER	1/16/2019
<input type="checkbox"/>	WORDLY BOOK TOUR	1/17/2019
<input type="checkbox"/>	PALLIATIVE CARE	1/17/2019
<input type="checkbox"/>	1920'S BERLIN	1/17/2019
<input type="checkbox"/>	MUSIC OF WEBBER	1/18/2109
<input type="checkbox"/>	CLEAR CAPTIONS	1/22/2019
<input type="checkbox"/>	SCIENCE TODAY	1/22/2019
<input type="checkbox"/>	POEMS OF SIGNIFICANCE	1/22/2019
<input type="checkbox"/>	EAT WELL, AGE WELL	1/23/2019
<input type="checkbox"/>	DUMPLINGS DEMO	1/23/2019
<input type="checkbox"/>	MINDFUL STRETCHING	1/24/2019
<input type="checkbox"/>	WINTER WONDERLAND	1/25/2019
<input type="checkbox"/>	COUNTRY JAMBOREE	1/25/2019
<input type="checkbox"/>	BENEFITS OF THE DAILY STRETCH	1/26/2019
<input type="checkbox"/>	ROTATOR CUFF TROUBLE	1/28/2019
<input type="checkbox"/>	LIFE'S SUPPORT w. A.C.	1/28/2019
<input type="checkbox"/>	ANXIOUS TO AWESOME	1/29/2019
<input type="checkbox"/>	MUSIC BY BOBBY KULIK	1/29/2019
<input type="checkbox"/>	TED TALK & DISCUSS	1/30/2019
<input type="checkbox"/>	THE HIGHWAYMEN	1/30/2019
<input type="checkbox"/>	JUDGE FOR YOURSELF	1/31/2019
<input type="checkbox"/>	BROADWAY MUSICALS	1/31/2019

**Office use only**

Date: \_\_\_\_\_

Entered by: \_\_\_\_\_