



MAY 2018 - Center Activities

609-448-7140

LEGEND: (IP) In Progress (\$) Fee/In-Person Registration (LD) Last Day

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|---|---|--|
|  | 1 9 Games// 1 T. Tennis 9 M.T. Chorus 9:30 Body Works (IP) NEW: ACRYLICS (\$) 10:30 Triple 15 (IP) 12 Chessmates 1:30 Fred Miller Presents | 2 9 H. Bones Pros (IP) 9 Total Toning 10 Exp. Trans H2Ocolor (LD) NEW: Bodies in Motion (\$) 10:15 Line Dancing 1 Gems // 1 Games 1 Parkinson's Support 1 CELTIC WOMAN NEW: Ballroom Dance (\$) | 3 9 Beg. Healthy Bones 9 Chair Yoga (IP) 10 Ceramics 10:30 Body Works (IP) 10:30 THE CONVERSATION 12:15 Duplicate Bridge 12:30 Mixed Watercolor (IP) 2 Broadway Magic | 4 9 Zumba Gold (IP) 9 Canasta// 1 T. Tennis 10 Bagels Plus NEW: BOOT CAMP (\$) 10:30 Harmonica 11 UP TO BARRE (IP) 12:30 Watercolor Exp. (IP) 1 Cooking Class #3 NEW: iPhone Training (\$) |
| 7 9 Bodies in Motion (IP) 9:30 Drop-In Bridge NEW: Fun with Yiddish (\$) 10 Move & Groove (IP) 11:15 Tai Chi Practice (IP) 1 Yarn It/ Games / T. Tennis 2 Merchant of Venice (talk) | 8 9 Games// 1 T. Tennis 9 M.T. Chorus Today 9:30 Body Works (IP) 10:30 Triple 15 (IP) 11 Green Thumbs 12 Chessmates 1 Free Blood Pressure Scr. 1 Merchant of... (Film) 2 Collage w. Karen (\$) | 9 9 H. Bones Pros (IP) 9 Total Toning (IP) Exp. Trans. H2O (Flex?) 10:15 Bodies in Motion (IP) 10:15 Line Dancing (IP) 1 Gems // 1 Games 2 Ballroom Dance (IP) <i>(No class next week)</i> | 10 No Bones Today 9 Chair Yoga (IP) 10 Ceramics 10:30 Body Works TH (IP) Friends Brunch <i>Reservations Required!</i> No Duplicate Bridge Today 12:30 Mixed Watercolor (IP) | 11 9 Canasta// 1 T. Tennis 9 Zumba Gold (IP) Especially 4 Mom (By Appt.) 10 Boot Camp (LD) 10:30 Harmonica UP TO BARRE (Flex?) 12:30 Watercolor Exp. (IP) 1 Cooking Class (LD) 1:30 Berlin is Music 2 iPhone Training (IP) |
| 14 9 Bodies in Motion (IP) 9:30 Drop-In Bridge 10 Fun with Yiddish (IP) 10 Move & Groove (IP) 10:30 Engage at Every Age 11:15 Tai Chi Practice (LD) 1 Yarn It / Games & T. Tennis 1:30 David Aaron Presents | 15 9 Games// 1 T. Tennis 9 M.T. Chorus 9:30 Body Works (IP) 10 Acrylics (IP) 10:30 Triple 15 (IP) 12 ChessMates 1:30 Thomas Elefant, Pt 1 1:30 Cancer Support 2 Collage with Karen (LD) | 16 9 Healthy Bones Pros 9 Total Toning NEW: Exp. Trans H2O (\$) 10:15 Bodies in Motion (IP) 10:15 Line Dancing (IP) 1 Gems//Games// 2 Cribbage NEW: Intro Trans. H2O (\$) 1:30 Thomas Elefant, Pt 2 2:30 Diabetes Support | 17 9 Beg. Healthy Bones 9 Chair Yoga (IP) 10 Ceramics 10:30 Wt. Loss, Part I (\$) 10:30 Body Works TH (IP) 12:15 Duplicate Bridge Mixed Watercolor (Flex?) 1:30 Flowers in Art | 18 9 Canasta/ No T. Tennis 9 Zumba Gold (LD) 10 Boot Camp (IP) 10:30 Harmonica Up to Barre (FLEX?) 11:30 SPRING FLING (\$) 12:30 Watercolor Exp. (LD) 2 iPhone Training (IP) |
| 21 9:30 Drop-In Bridge (IP) 9 Bodies in Motion (IP) 10 Fun with Yiddish (IP) 10 Art of the Masters 10 Move & Groove (IP) Tai Chi Practice (Flex?) 1 Yarn It / Games & T. Tennis 2 Knocking on Heavens Door 2 Judy's Meditation | 22 9 Games// 1 T. Tennis 9 M.T. Chorus 9:30 Body Works (IP) 10 Acrylics (LD) 10:30 Triple 15 (IP) 12 ChessMates 1:30 Science Today 2 Michael & Ted | 23 9 Healthy Bones Pros 9 Total Toning (IP) 10 Exp. Trans H2O (IP) 10:15 Bodies in Motion (IP) 10:15 Line Dancing (IP) 1 Gems // 1 Games 1 Intro. Trans H2O (IP) 2 Caregivers Support 2 Ballroom Dance (IP) | 24 9 Beg. Healthy Bones 9 Chair Yoga (IP) 10 Ceramics No Body Works Today 10:30 Wt. Loss, Part 2 (LD) 12:15 Duplicate Bridge Mixed Watercolor (Flex?) 1:30 For the Thrill of It | 25 9 Canasta// 1 T. Tennis Zumba Gold (FLEX?) No Boot Camp Today 10:30 Harmonica NEW: UP TO BARRE (\$) Watercolor Exp. (FLEX?) 1:30 Jerry's Travels 2 iPhone Training (LD) |
| 28 OFFICE CLOSED  MEMORIAL DAY | 29 8:45 Drivers Safety (\$) 9 Games// 1 T. Tennis 9 M.T. Chorus No Body Works Today 10:30 Triple 15 (IP) 12 ChessMates 12:30 Movie Classic | 30 9 Healthy Bones Pros 9 Total Toning (IP) 10 Exp. Trans H2O (IP) 10:15 Bodies in Motion (IP) 10:15 Line Dancing (IP) 1 Gems // 1 Games 1 Intro. Trans H2O (IP) 1:30 MUSIC BINGO (\$) 2 Ballroom Dance (IP) | 31 9 Beg. Healthy Bones 9 Chair Yoga (IP) 10 Ceramics No Body Works Today 10:30 THE CONVERSATION 12:15 Duplicate Bridge NEW: Mixed Watercolor (\$) 1:30 For the Thrill of It (LD) | <p style="text-align: center;"><i>Please Stop-In to View Our Collage of Color Expo - May 8 thru May 15 - Featuring Students from Karen's Collage.</i></p> |