



MAY 2017 - Center Activities

609-448-7140

Calendar Legend: (IP) > In Progress (LD) > Last Day (\$) > Fee Required/In-Person Registration

Monday	Tuesday	Wednesday	Thursday	Friday
1 Art Studio 9 – 12 9 Bodies in Motion (LD) 9:30 Drop-In Bridge 10 FUN w/ YIDDISH (\$) 10 Move & Groove (IP) 11:15 Tai Chi (LD) 1 Yarn It/ Games/ T.Tennis 1:30 <u>Elefant Presents</u> 2 Matter of Balance (IP)	2 9 Games/ 1 T. Tennis 9 M.T. Chorus (IP) 9:30 Body Works (IP) 10 <u>Acrylics</u> (\$) 10:30 Triple 15 (IP) 12 ChessMates 1 Better Bridge (IP) 11:30 <u>Fred Miller Presents</u>	3 Boning Up (IP) 9:15 Line Dancing (IP) NEW: Bodies in Motion (\$) NEW: Exp./Transp. H2O (\$) NEW: Total Toning (\$) 1 Gems // 1 Game Day 1 Parkinson's Support NEW: Beg./Transp. H2O (\$) 2 <u>American Songbook</u>	4 Healthy Bones 9 Chair Yoga (IP) 10 Ceramics NO Body Works (IP) 12 <u>Pizza Plus</u> (\$) 12:30 Duplicate Bridge 12:30 Mixed Watercolor (IP)	5 9 Zumba Gold (IP) Canasta / 1 T. Tennis / Bees 10 <u>Bagels Plus</u> NO Boot Camp (IP) 10:30 Harmonica 11 UP TO BARRE (IP) 12:30 Watercolor Exp. (IP) 1:30 <u>Elefant Presents</u> 2 Matter of Balance (IP)
8 Art Studio 9 – 12 ?? Bodies (Flex??) 9:30 Drop-In Bridge 10 <u>O'Keefe</u> 10 FUN w/ YIDDISH (IP) 10 Move & Groove (IP) ?? Tai Chi (Flex??) 1 Yarn It/ Games/ T.Tennis 1:30 <u>Health Challenges</u> 2 Matter of Balance (IP)	9 9 Games/ 1 T. Tennis 9 M.T. Chorus (IP) 9:30 Body Works (IP) 11 Green Thumbs 10:30 Triple 15 (IP) 12 ChessMates 1 Better Bridge (IP) 1:30 <u>PTR program</u> 2 <u>Collage w. Karen</u> (\$)	10 Boning Up (IP) 9:15 Line Dancing (IP) 10 Exp./Transp. H2O (IP) 10:15 Bodies in Motion (IP) 11:15 Total Toning (IP) 1 Gems/1 Games/2 Cribbage 1 Beg./Transp. H2O (IP) 1 <u>Count Basie</u>	11 9 Healthy Bones 9 Chair Yoga (IP) 10 Ceramics 10:30 Body Works (LD) 10:30 <u>Overuse Injuries</u> 12:30 Duplicate Bridge 12:30 Mixed Watercolor (LD) 1:30 <u>Music BINGO</u> (\$)	12 9 Zumba Gold (IP) 9 Canasta/1 T. Tennis/ Bees 10 Boot Camp (IP) 10 <u>Chinese Art Demo</u> 10:30 Harmonica 11 UP TO BARRE (IP) 12:30 Watercolor Exp. (IP) 1 <u>Friends BINGO</u> (\$) 2 <u>Love, Marriage & Lipo</u> 2 Matter of Balance (IP)
15 Art Studio 9 – 12 9:30 Drop-In Bridge 10 <u>Women Artists</u> 10 FUN w/ YIDDISH (IP) 10 Move & Groove (IP) 1 Yarn It/ Games/ T.Tennis 1 <u>Ted's Classics</u> 2 Matter of Balance (LD)	16 9 Games/ 1 T. Tennis 9 M.T. Chorus (IP) 10 Acrylics (IP) 10:30 Triple 15 (IP) 12 ChessMates 1 Better Bridge (IP) 1:30 Cancer Support 1:30 <u>Reflexology</u> 2 Collage w. Karen (LD)	17 Boning Up (IP) 9:15 Line Dancing (IP) 10 Exp./Transp. H2O (IP) 10:15 Bodies in Motion (IP) 11:15 Total Toning (IP) 1 Gems // 1 Game Day 1 Beg./Transp. H2O (IP) 2 <u>Mike & Ted Present</u> 2:30 Diabetes Support	18 9 Healthy Bones (IP) 9 Chair Yoga (IP) 10 Ceramics NEW: Body Works (\$) 12:30 Duplicate Bridge ?? Mixed Watercolor (Flex?) 1:30 <u>Tin Pan Alley</u>	19 Zumba Gold (IP) Canasta/ T. Tennis / Bees 10 Boot Camp (IP) 10:30 Harmonica 11 UP TO BARRE (IP) Spring Fling w. Island Zing (\$) <i>Details Inside....</i> ?? Matter of Bal. (Flex?) 2 <u>Art of the Masters</u>
22 Art Studio 9 – 12 NEW: Bodies in Motion (\$) 9:30 Drop-In Bridge 10 FUN w/ YIDDISH (LD) 10 Move & Groove (IP) NEW: QIGONG (\$) 1 Yarn It/ Games/ T.Tennis 2 <u>Karaoke with Rick</u>	23 9 Games/ 1 T. Tennis 9 M.T. Chorus (IP) 9:30 Body Works (IP) 10 Acrylics (LD) 10:30 Triple 15 (IP) 12 ChessMates 1 Better Bridge (IP) 1:30 <u>Science Today</u> 2 <u>Medicare & Politics</u>	24 Boning Up (IP) 9:15 Line Dancing (LD) 10 Exp./Transp. H2O (IP) 10:15 Bodies in Motion (IP) 11:15 Total Toning (IP) 1 Gems/Games/ 2 Cribbage 1 Beg./Transp. H2O (IP) 2 <u>Pelvic Floor Health</u> 2 <u>Ballroom Dance</u>	25 Healthy Bones (IP) 9 Chair Yoga (IP) 10 Ceramics 10:30 Body Works (IP) 12:30 Duplicate Bridge NEW: Mixed Watercolor (\$) 2 <u>Broadway Magic</u>	26 9 Zumba Gold (LD) 9 Canasta // 1 T. Tennis 10 Boot Camp (IP) 10:30 Harmonica 11 UP TO BARRE (IP) 1 Busy Bees 12:30 Watercolor Exp. (IP) 1:30 <u>Jerry's Travels</u>
29 OFFICE CLOSED  Memorial Day	30 9 Games// 1 T. Tennis 9 M.T. Chorus (IP) 9:30 Body Works (IP) 10:30 Triple 15 (IP) 12 ChessMates 1 Better Bridge (IP) 1 "ALLIED"	31 Boning Up (IP) ?? Line Dancing (Flex??) 10 Exp./Transp. H2O (IP) 10:15 Bodies in Motion (IP) 11:15 Total Toning (IP) 1 Gems // 1 Game Day 1 Beg./Transp. H2O (IP) 1:30 <u>Museum Art</u> 2 Ballroom Dance (IP)	<div style="border: 2px solid black; padding: 10px;"> <p><i>Decorate a Ceramic, Bisque Bowl to Help Fight Hunger in America!</i></p> <p>Join Brookside Students on Fridays, April 28 and May 5, at 10 a.m.</p> <p><u>These Bowls will be Auctioned Off During a Special Evening Event in June.</u></p> </div>	