





# Center Activities - January 2010

## 732-521-6111



CALENDAR & PROGRAM ROOM LEGEND: A: Annex C: Conference Room CL: Computer Lab L: Lounge M: Main

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b><u>Easy New Year's Resolutions: Senior Center Style!</u></b></p> <ol style="list-style-type: none"> <li><i>I will scan my key tag every time I visit the Senior Center.</i></li> <li><i>I will ask for assistance whenever I have problems with the computer monitor.</i></li> <li><i>I will arrive at least 10 minutes before the actual program start time.</i></li> <li><i>I will cancel my registration for a program whenever I am unable to attend.</i></li> <li><i>I will review the policies set forth in the Program Registration Manual.</i></li> <li><i>I will smile and make as many friends as possible at the Senior Center.</i></li> </ol>				<p><b>1</b> <b>Happy New Year!</b></p>  <p><b><u>Office Closed</u></b></p>
<p><b>4</b> <u>Drivers' Safety</u> Day 1 A Line Dancing M 1 pm Yarn It L</p> <p style="text-align: center;"><b>1 p.m. M</b> <b><u>History of Jazz:</u></b> <b><u>GUMBO</u></b></p>	<p><b>5</b> <b><u>Let's Wii</u></b> M By Appointment!</p> <p>1 pm ChessMates L</p> <p style="text-align: center;"><b>Movie at 1:30 p.m.:</b> <b><u>GHOST TOWN</u></b></p> <p>2 pm Stroke Support C</p>	<p><b>6</b> <b>Food Distribution</b></p> <p>Boning Up CL</p> <p>10 Painting/Acrylics M</p> <p>1 pm Jewelry Gems L</p> <p>1 Parkinsons Support C</p>	<p><b>7</b> Adv. Healthy Bones A 9:30 Folk Dancing M</p> <p><b>11:30 New Body Works!</b> Refer to registration details</p> <p style="text-align: center;"><b>Starting at 1 p.m.:</b> A <b><u>Intermediate Bridge</u></b> Refer to registration details</p> <p><b>1:30 Laugh Out Loud</b></p>	<p><b>8</b> Beginners Bones A <b><u>ZUMBA BEGINS!</u></b> M Pre-Registration Required</p> <p>10 Canasta Clique L 10:30 Harmonica A</p> <p>1-3 Busy Bees L</p> <p style="text-align: center;"><b><u>Let's Wii</u></b> M By Appointment</p>
<p><b>11</b> <u>Drivers' Safety</u> Day 2 A Line Dancing M 1 pm Yarn It L</p> <p style="text-align: center;"><b>1:30 p.m.</b> <b><u>Illuminating the</u></b> <b><u>Darkness</u></b></p>	<p><b>12</b> 9:30 Body Works M 1 pm ChessMates L 1 pm Blood Pressure L</p> <p style="text-align: center;"><b>1:30 p.m. M</b> <b><u>Celebrate 2010</u></b> <b><u>With FRIENDS</u></b> Tickets: \$3 p.p.</p> <p>3 p.m. Chai Chat C</p>	<p><b>13</b> Boning Up CL</p> <p>10 Painting/Acrylics M</p> <p>11 Green Thumbs A</p> <p>1 pm Jewelry Gems L</p> <p style="text-align: center;"><b>2 p.m.</b> <b><u>Judge for Yourself</u></b></p>	<p><b>14</b> Adv. Healthy Bones A 9 am Folk Dancing M 11:30 Body Works M 1 p.m. Intermed. Bridge A -- in progress</p> <p style="text-align: center;"><b>1:30 p.m.</b> <b><u>Pain Management</u></b></p>	<p><b>15</b> Beginners Bones A Zumba - in progress M 10 Canasta Clique L 10:30 Harmonica A 10:30 a.m. <b><u>Salzburg:</u></b> M <b><u>Classical Destination</u></b></p> <p>1-3 Busy Bees L Let's Wii, By Appt. M</p>
<p><b>18</b> <b><u>Office Closed</u></b></p>  <p style="text-align: center;"><i>Martin Luther King, Jr.</i> <i>Day</i></p>	<p><b>19</b> 9:30 Body Works M 1 pm ChessMates L 1:30 Cancer Support C</p> <p style="text-align: center;"><b><u>Let's Wii</u></b> M By Appointment!</p>	<p><b>20</b> Boning Up CL</p> <p>10 Painting/Acrylics M</p> <p>1 pm Jewelry Gems L</p> <p>2:30 Diabetes Support C</p>	<p><b>21</b> Adv. Healthy Bones A 9 am Folk Dancing M 11:30 Body Works M 1 p.m. Intermed. Bridge A -- in progress</p>	<p><b>22 (No Zumba)</b> Beginners Bones A</p> <p style="text-align: center;"><b>10:30 to 2:00 p.m.</b> <b><u>Robert Wood Johnson's</u></b> <b><u>New Start Health Fair!</u></b> <i>Free Screenings</i> <i>Require Appointments!</i></p> <p style="text-align: center;"><b><u>Let's Wii</u></b> A By Appointment</p>
<p><b>25</b> Line Dancing M 1 pm Yarn It L</p> <p style="text-align: center;"><b><u>Let's Wii</u></b> M By Appointment 1 pm - 3 pm</p>	<p><b>26</b> Body Works M</p> <p style="text-align: center;"><b>1:30 p.m.</b> <b><u>Injury Prevention</u></b></p> <p>1 pm ChessMates L</p>	<p><b>27</b> Boning Up CL</p> <p>10 Painting/Acrylics M</p> <p>1 pm Jewelry Gems L</p> <p style="text-align: center;"><b>2 p.m.</b> <b><u>Judge for Yourself</u></b></p>	<p><b>28</b> Adv. Healthy Bones A 9 am Folk Dancing M 11:30 Body Works M 1 p.m. Intermed. Bridge A -- in progress</p> <p style="text-align: center;"><b>1:30 p.m.</b> <b><u>Football Follies</u></b></p>	<p><b>29 (No Zumba)</b> Beginners Bones A</p> <p style="text-align: center;"><b>10 a.m.</b> <b><u>Pancake for Pennies</u></b> <b><u>+ a Day at the Races!</u></b></p> <p style="text-align: center;"><b>Tickets: \$9 p.p.</b></p> 