



# April 2018 - Center Activities

## 609-448-7140

**LEGEND:** (IP) In Progress (\$) Fee/In-Person Registration (LD) Last Day

Monday	Tuesday	Wednesday	Thursday	Friday
<b>2</b> 9 Bodies in Motion (LD) <b>Income Tax - By Appt.</b> 9:30 Drop-In Bridge 10 Fun with Yiddish (IP) 10 Move & Groove (LD) Beginners Tai Chi (FLEX?) 1 Yarn It/ Games / T. Tennis	<b>3</b> 9 Games// 1 T. Tennis 9 M.T. Chorus <b>NEW: Body Works TU (\$)</b> <b>NEW: Triple 15 (\$)</b> 12 Chessmates <b>1:30 Fred Miller Presents</b>	<b>4</b> 9 H. Bones Pros (IP) <b>Income Tax - By Appt.</b> Total Toning (FLEX?) Line Dancing (FLEX?) 1 Gems // 1 Games 1 Parkinson's Support <b>2 Estate Planning</b>	<b>5</b> 9 Beg. Healthy Bones Chair Yoga (FLEX?) 10 Ceramics <b>NEW: Body Works TH (\$)</b> 12:15 Duplicate Bridge Mixed Watercolor (FLEX?) <b>1:30 Museum Highlights</b>	<b>6</b> 9 Zumba Gold (IP) 9 Canasta// 1 T. Tennis <b>10 Bagels Plus</b> 10 BOOT CAMP (IP) 10:30 Harmonica 11 UP TO BARRE (IP) Watercolor Exp. (FLEX?) <b>2 Double Down Day (\$)</b>
<b>9</b> 9 Bodies in Motion (LD) <b>Income Tax - By Appt.</b> 9:30 Drop-In Bridge 10 Fun with Yiddish (IP) Move & Groove (FLEX?) <b>NEW: Tai Chi Practice (\$)</b> 1 Yarn It/ Games / T. Tennis <b>2 iPhone Basics (\$)</b> <b>2 Shakespeare's England</b>	<b>10</b> 9 Games// 1 T. Tennis NO M.T. Chorus Today 9:30 Body Works TU (IP) 10:30 Triple 15 (IP) 11 Green Thumbs 12 Chessmates 1 Free Blood Pressure Scr. <b>1:30 Music of the 20th C.</b>	<b>11</b> 9 H. Bones Pros (IP) <b>Income Tax - By Appt.</b> <b>NEW: Total Toning (\$)</b> 10:15 Line Dancing (IP) 1 Gems // 1 Games <b>1:30 Stress Management</b>	<b>12</b> 9 Beg. Healthy Bone <b>NEW: Chair Yoga (\$)</b> 9 Ceramics 10:30 Body Works TH (IP) 12:15 Duplicate Bridge <b>NEW: Mixed Watercolor (\$)</b> <b>1:30 Only a Number</b>	<b>13</b> 9 Canasta// 1 T. Tennis 9 ZUMBA GOLD (IP) <b>9:30 Knee Pain Brunch</b> 10 Boot Camp (LD) 10:30 Harmonica 11 UP TO BARRE (IP) Watercolor Exp. (FLEX?) <b>1 Cooking Class #1</b> <b>2 Aging, Schamging</b>
<b>16</b> 9 Bodies in Motion (IP) 9:30 Drop-In Bridge 10 Fun with Yiddish (IP) Move & Groove (FLEX?) 11:15 Tai Chi Practice (IP) 1 Yarn It / Games & T. Tennis <b>1:30 Kasztmer's Train, Pt 1</b>	<b>17 8:45 Drivers Safety (\$)</b> 9 Games// 1 T. Tennis 9 M.T. Chorus 9:30 Body Works TU (IP) 10:30 Triple 15 (IP) 12 ChessMates <b>1:30 Music of Frank Loesser</b> 1:30 Cancer Support 2:30 Carol Merwin Tribute	<b>18</b> 9 Healthy Bones Pros No Total Toning Today <b>NEW: Line Dancing (\$)</b> 1 Gems//Games// 2 Cribbage <b>1:30 Rise of Rock N Roll</b> 2:30 Diabetes Support	<b>19</b> 9 Beg. Healthy Bones 9 Chair Yoga (IP) 10 Ceramics <b>10 CPR CLASS</b> 10:30 Body Works TH (IP) 12:15 Duplicate Bridge 12:30 Mixed Watercolor (IP) <b>1:30 Princeton/Amer. Rev.</b>	<b>20</b> 9 Canasta// 1 T. Tennis 9 Zumba Gold (IP) Boot Camp (FLEX?) 10 Empty Bowls Painting 10:30 Harmonica 11 Up to Barre (IP) <b>Friends BINGO (Closed)</b> <b>NEW: Watercolor Exp. (\$)</b>
<b>23</b> 9:30 Drop-In Bridge (IP) <b>NEW: Move &amp; Groove (\$)</b> 10 Fun with Yiddish (IP) <b>10:30 Osteoarthritis &amp; You</b> 11:15 Tai Chi Practice (IP) 1 Yarn It / Games & T. Tennis 1:30 Kasztmer's Train (LD) 2 iPhone Basics (LD)	<b>24</b> 9 Games// 1 T. Tennis NO M.T. Chorus Today 9:30 Body Works TU (IP) 10:30 Triple 15 (IP) 12 ChessMates <b>1:30 Science Today</b> <b>2 The Jewbadors</b>	<b>25</b> 9 Healthy Bones Pros 9 Total Toning (IP) 10:15 Line Dancing (IP) 1 Gems // 1 Games <b>1:30 Guided Imagery</b> 2 Caregivers Support	<b>26</b> 9 Beg. Healthy Bones 9 Chair Yoga (IP) 10 Ceramics 10:30 Body Works TH (IP) <b>10:30 Amelia Earhart</b> 12:15 Duplicate Bridge 12:30 Mixed Watercolor (IP) <b>2 Michael &amp; Ted Present...</b>	<b>27</b> 9 Canasta// 1 T. Tennis 9 Zumba Gold (IP) 9 M.T. Chorus 10 Empty Bowls Painting 10:30 Harmonica 11 Up to Barre (IP) 12:30 Watercolor Exp. (IP) 1 Cooking Class #2 <b>1:30 Ringing in Tinnitus</b>



*April Showers  
 ...Bring May Flowers.  
 So, What Do  
 May Flowers Bring?*

**ANSWER:** PILGRIMS

### Did You Know...

- > Office Registration is Required Before Signing Up for Activities?
- > **Calendared Programs** that are **BOLD & Underlined** in this section are described in the newsletter?
- > Signing-up for Special Programs in Advance is Advantageous?
- > In-Person Registration is Necessary for Programs with a Fee.

*No? Well, Now You Know! See You at the Senior Center!*