

Office of the Mayor




Proclamation

BALANCE AWARENESS WEEK
September 17th-23rd, 2023

- Whereas,** vestibular (inner-ear-balance) disorders are underdiagnosed and undertreated; and
- Whereas,** as many as 35 percent of adults 40 years of age and older in the United States, approximately 69,000,000 people in the United States, have experienced some form of vestibular dysfunction; and
- Whereas,** 80 percent of people 65 years of age and older have experienced dizziness; and
- Whereas,** dizziness is one of the most common symptoms in patients 25 years and older; and
- Whereas,** dizziness accounts for 2.6% of all primary care visits and nearly 2.5% of emergency department visits; and
- Whereas,** vestibular disorder patients may consult four or more physicians and spend 50 months or more in the search for a diagnosis; and
- Whereas,** the Vestibular Disorders Association celebrates "Balance Awareness Week" to reduce the time it takes to diagnose a vestibular disorder by helping patients recognize their symptoms and encouraging them to seek help from a qualified vestibular specialist; and

NOW, THEREFORE, be it resolved, that I, STEPHEN DALINA, Mayor of the Township of Monroe, do hereby proclaim the week of September 17, 2023, through September 23, 2023 as Balance Awareness Week, and urge all citizens to recognize the importance of raising public awareness about vestibular disorders in the Township of Monroe.

Dated: September 1, 2023



Stephen Dalina, Mayor