



# Senior Focus

## April 2023



### Monroe Township Office of Senior Services & Senior Center

12 Halsey Reed Road, Monroe Township, NJ 08831  
Monday thru Friday, 8:30 a.m. to 4:30 p.m.

**609-448-7140**  
[www.monroetwp.com](http://www.monroetwp.com)

Spring is here and the Senior Center's April calendar is "blooming" with new and exciting programs.

Two "must see" performance programs in April are *Yesterday Once More - A Tribute to the Carpenters* on Friday, April 21st at 7:00 p.m., and *Magician Anthony Salazar* on Wednesday, April 26th at 2:00 p.m.

Also, this month: Adrienne Gammal begins a seven part class series about the ancient energy points systems known as the seven chakras. From the base of the spine to the top of the head, Adrienne will share affirmations and guided exercise, beginning with *The Root Chakra* on Thursday, April 27th at 10:30 a.m. Look for the remaining six free chakra classes in each month's *Senior Focus* now through July.

This month, a **Caregivers Support Group** joins the list of important resources available to our seniors, and will meet on the 4th Thursday of each month at 1:30 p.m. here at the Senior Center. To register, please call the Senior Center at (609) 448-7140.

#### A few reminders:

**Medical transportation for non-emergency appointments** is available via curbside service to Monroe, Jamesburg, Princeton, Plainsboro, Hightstown, and Cranbury. For details, call the Transportation Department at (609) 443-0511.

The **Monroe Township Food Pantry** is hosting a food drive in partnership with REPLENISH (formerly MCFOODS) on **Saturday, April 22nd from 10:00 a.m. to 2:00 p.m.** at the Park & Ride on Applegarth Road. Your non-perishable food items help replenish supplies for Middlesex County residents in need of nutritious food. For more information about the Monroe Township Food Pantry, call Krista Scheid at (609) 448-7140, ext. 224.

**Paper shredding** will be available on **Friday, April 21st from 9:00 a.m. to 12:00 p.m.** at Veterans Park on Avenue K, in Monroe. Please have your materials easily accessible to the staff who will remove it from your vehicle. There is a limit of 5 file boxes or 100 pounds per vehicle. Residential personal paper only. For more information, call Joe Sloman, Recycling Coordinator at (732) 656-4575.

### April Registration Information:

#### Class Registration

**Monday, March 20 at 9:00AM**  
In-person or online via Community Pass  
Use main entrance only. Doors open 8:30AM.

#### Trip Registration

**Wednesday, March 22 at 9:00AM**  
In-person or online via Community Pass  
Use main entrance only. Doors open 8:30AM.

#### Program Registration

**Friday, March 24 at 9:00AM**  
In-person or online via Community Pass  
Use main entrance only. Doors open 8:30AM.

<https://register.communitypass.net/monroetownshipseniorcenter>

Registering in person? If you need transportation for any of the above, please call 609-443-0511 to make arrangements no later than 24 hours in advance. You must be a registered member of the Senior Center in order to participate in our activities. New membership orientation is by appointment only.

### **Seasonal outdoor activities will resume in May!**

Bocce      Shuffleboard  
Cornhole      Walking Club

**Registration is now open!**  
In-person or online via Community Pass

### Quote of the Month

**"If April showers should come your way, they bring the flowers that bloom in May."**

– Buddy de Sylva

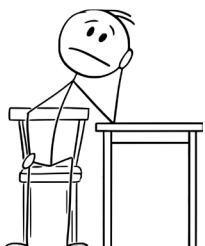


# April 2023 Center Activities

Registration for programs is  
REQUIRED EACH MONTH

Monday	Tuesday	Wednesday	Thursday	Friday
<b>3</b> 9:00 Cardio Blast 9:30 Drop-In Bridge 10:00 Total Body Reset <b>10:00 Robinson Artshop (\$)</b> <b>10:30 Jersey! Then...Again</b> 11:00 Gentle Stretch 1:00 Mah Jongg 1:00 Yarn It <b>2:00 Underwater Airlines</b> 3:30 Meditation	<b>4</b> 8:45 Gentle Mat Yoga 9:00 Chorus 10:15 Drums Alive <b>10:30 The Renaissance (Z)</b> <u>Cultural &amp; Political Philosophy</u> 11:30 Drums Alive <b>1:30 Fred Miller</b> 3:30 Line Dancing	<b>5</b> 9:00 Total Toning 10:00 Move & Groove <b>10:30 Whale Watching</b> 11:00 Raise the Barre 12:15 Duplicate Bridge 1:00 Parkinsons Support 2:00 Cribbage <b>2:00 Songwriters of the 60's &amp; 70's Part 1</b>	<b>6</b> 9:00 Chair Yoga  10:30 Book Club  <b>11:00 Chef Stephen Wolff</b>  <b>2:00 Shore Soundz</b>	<div style="border: 1px solid black; padding: 10px; width: fit-content; margin: auto;"> <p><b>SENIOR CENTER CLOSED TODAY</b></p> </div>
<b>10</b> 9:00 Cardio Blast 9:30 Drop-In Bridge 10:00 Total Body Reset <b>10:30 5 Simple Habits</b> 11:00 Gentle Stretch 1:00 Mah Jongg 1:00 Yarn It <b>2:00 Greg Armstrong &amp; Jerry Lewis</b> 3:30 Meditation	<b>11</b> 8:45 Gentle Mat Yoga 9:00 Chorus 10:15 Drums Alive <b>10:30 The Golden Age of Television (Z)</b> 11:00 Green Thumbs 11:30 Drums Alive <b>2:00 Mark Miklos</b> 3:30 Line Dancing	<b>12</b> 9:00 Total Toning 10:00 Move & Groove <b>10:30 Our Water Planet</b> 11:00 Raise the Barre 12:15 Duplicate Bridge 2:00 Cribbage <b>2:00 Chef Chris Demo</b> <b>3:00 iPhone 102</b>	<b>13</b> 9:00 Chair Yoga  10:00 Body Works  <b>10:30 The Wreck of The Broker</b>  <b>12:30 Mixed Watercolor (\$)</b>  <b>2:00 Shore Bet Band</b>	<b>14</b> 9:00 Zumba Gold 9:30 Canasta 10:00 Fun Friday 10:30 Harmonica 11:00 Qi Gong 12:00 T.A.P. <b>12:30 Designing in Multimedia Art (\$)</b> <b>2:00 Sing Along with Teri</b>
<b>17</b> 9:00 Cardio Blast 9:30 Drop-In Bridge 10:00 Total Body Reset <b>10:00 Robinson Artshop (\$)</b> 11:00 Gentle Stretch 1:00 Mah Jongg 1:00 Yarn It <b>2:00 Warren Schein with Bob Egan</b> 3:30 Meditation	<b>18</b> 8:45 Gentle Mat Yoga 9:00 Chorus <b>9:00 AARP Smart Driver Class (\$)</b> 10:15 Drums Alive 10:30 Bereavement <b>10:30 The Renaissance (Z)</b> <u>Reemergence of the Arts &amp; Sciences</u> 11:30 Drums Alive <b>2:00 Michael &amp; Ted Present</b> 3:30 Line Dancing 5:30 W.O.W.	<b>19</b> 9:00 Total Toning 10:00 Move & Groove <b>10:30 Monuments, Statues, &amp; Cool Places of Washington DC</b> 11:00 Raise the Barre 12:15 Duplicate Bridge 2:00 Diabetes Support <b>2:00 Elyse Langley</b>	<b>20</b> 9:00 Chair Yoga  10:00 Body Works  <b>10:30 Blueberries: New Jersey's Wonder Fruit</b>  12:30 Mixed Watercolor  <b>2:00 Paula Johns</b>	<b>21</b> 9:00 Zumba Gold 9:30 Canasta 10:00 Fun Friday 10:30 Harmonica 11:00 Qi Gong 12:30 Designing in Multimedia Art <b>2:00 Jerry's Travels</b> <b>7:00 The Carpenters</b>
<b>24</b> 9:00 Cardio Blast 9:30 Drop-In Bridge 10:00 Total Body Reset <b>10:30 M.U.S.T.</b> 11:00 Gentle Stretch 1:00 Mah Jongg 1:00 Yarn It <b>2:00 Donovan</b> <b>3:00 iPhone 102</b> 3:30 Meditation	<b>25</b> 8:45 Gentle Mat Yoga 9:00 Chorus 10:15 Drums Alive <b>10:30 Extinctions (Z)</b> 11:30 Drums Alive <b>2:00 Before the Crown</b> 3:30 Line Dancing	<b>26</b> 9:00 Total Toning 10:00 Move & Groove <b>10:30 History of Quilting</b> 11:00 Raise the Barre 12:15 Duplicate Bridge <b>2:00 Anthony Salazar</b>	<b>27</b> 9:00 Chair Yoga  10:00 Body Works  <b>10:30 Chakra #1 - The Root Chakra</b>  12:30 Mixed Watercolor 1:30 Caregivers Support <b>2:00 PB2 Duo</b>	<b>28</b> 9:30 Canasta  10:30 Harmonica  12:30 Designing in Multimedia Art 1:00 L.G.B.T. Socialize With Me <b>1:30 "Friends" Luncheon</b>

## DON'T LEAVE SOMEONE SITTING HOME!



If you are unable to attend a program  
you must call  
(609) 448-7140 x216  
to cancel.  
Waitlisted members will appreciate it!



**Robinson Artshop:** Monday, April 3 - OR - Monday, April 17 at 10:00 a.m. Join James Robinson as he guides you to paint your own masterpiece. *Project fee: \$10 p.p. when registering. No refunds. Only one (1) session per member.*

**Jersey! Then...Again:** Monday, April 3 at 10:30 a.m. There's no place quite like Jersey! Join author and genealogist Maureen Wlodarczyk to discover unique, long-forgotten Jersey folks and happenings from the 1800's to the early 1900's. Snake oil salesmen, suffragettes, baseball, murder in Hoboken, Titanic survivors, and more.

**Underwater Airlines:** Monday, April 3 at 2:00 p.m. Underwater Airlines is a rockin' classic rock four piece band playing the great songs you love to hear from the 50's, 60's, 70's, and 80's. Get ready to enjoy hits from The Beatles, The Rolling Stones, Eric Clapton, The Eagles, and more.

**The Renaissance: Cultural & Political Philosophy:** Tuesday, April 4 at 10:30 a.m. via Zoom. Baila Miller, of the Ringling College of Art & Design, returns to discuss The Renaissance, which began in Florence, Italy, and changed Europe politically and culturally as authors and artists produced work different from any other in history and placing mankind in a position of centrality in the universe.

**Fred Miller - Black Americans in American Popular Song:** Tuesday, April 4 at 1:30 p.m. Pianist/Singer/Narrator Fred Miller presents his musical and anecdotal tribute to distinguished Black Americans in American Popular Song. This program focuses on Lena Horne, Billie Holiday, Nat King Cole, and Fats Waller.

**Whale Watching:** Wednesday, April 5 at 10:30 a.m. Whale Watching Program Manager at Seastreak, Abby van Hemmen, will report on the company's wildlife sightings over the course of its three-year history. The presentation will also provide an overview of the history of whales in the area, why the whales are back, their future, and how the organization is working hard to ensure their future.

**Songwriters of the 60's & 70's, Part 1:** Wednesday, April 5 at 2:00 p.m. Featuring some of the greatest songs and songwriters from that time period, Gordon James covers artists like John Lennon and McCartney, George Harrison, Smokey Robinson, Carole King, James Taylor, The Bee Gees, Willie Nelson, Stevie Wonder, Bernie Taupin & Elton John, Neil Diamond, Billy Joel, Burt Bacharach, and Hal David.

**Chef Stephen Wolff - Fresh Fruits & Salads:** Thursday, April 6 at 11:00 a.m. April is here and we are thinking springtime flavors as we get away from soups and stews, and transition our palates to fresh fruits and salads. Update your regular boring salads and wow your friends!

**Shore Soundz:** Thursday, April 6 at 2:00 p.m. "Sailing" since 2008, Shore Soundz is one of New Jersey's most fun and versatile bands! With its superb instrumentals, female & male lead vocals, and rich harmonies, this band delights its audiences every time! They play the best pop, rock, and soul of the decades, and promise to keep you bopping in your seat and dancing too!

**5 Simple Habits That Build Resilience & Enhance Well-Being:** Monday, April 10 at 10:30 Noreen Braman, certified "Laughter Yoga Leader," shares 5 habits everyone can use: Mindfulness, Gratitude, Purpose, Happiness, and Laughter. In this fun and informative presentation, rediscover five habits to have in your well-being "toolkit."

**Greg Armstrong & Jerry Lewis:** Monday, April 10 at 2:00 p.m. Join us for some classic entertainment with the smooth voice of Greg Armstrong along with the silliness of Angelo Capone as Jerry Lewis.

**The Golden Age of Television:** Tuesday, April 11 at 10:30 a.m. via Zoom Don Buzney discusses the family comedy shows that delighted us, from *Ozzie and Harriet*, *Leave it to Beaver*, *The Beverly Hillbillies*, and more.

**Mark Miklos:** Tuesday, April 11 at 2:00 p.m. Enjoy the best in traditional country music songs from Hank Williams, Johnny Cash, George Jones, and many more. Stories about the songs, the artists, and maybe even a sing-along!

**Our Water Planet:** Wednesday, April 12 at 10:30 a.m. Our planet Earth, third from the sun, orbits in the perfect "Goldilocks Zone." Because of our fortunate location, water is "liquid" and creates the optimal conditions for life. Walter Choroszewski presents the story of our planet's origins and celebrates our vast oceans and the abundant life within.

**Chef Chris Demo:** Wednesday, April 12 at 2:00 p.m. Join Chef Chris from Brandywine Living at Governor's Crossing for a cooking demonstration which will include some spring salads that are easy to make at home.

**iPhone 102:** Wednesday, April 12 - OR - Monday, April 24 at 3:00 p.m. C.O.S.Y. Monroe (Coalition of Seniors and Youth of Monroe) returns with an interactive session about iPhones, led by high school students. This is an opportunity to learn and practice some of the main functions and features of iPhones and get tips on how to use them effectively! This event is not intended for Android users, nor for beginners. *Only one (1) session per member.*

**The Wreck of The Broker:** Thursday, April 13 at 10:30 a.m. Author Gordon Bond discusses the Pennsylvania Railroad commuter train known as "The Broker," which derailed in Woodbridge, New Jersey on the drizzly evening of February 6, 1951, killing 85 and injuring hundreds. Bond, author of *The Wreck of The Broker: The Story of New Jersey's Deadliest Train Wreck*, discusses the many controversial explanations for New Jersey's deadliest railroad accident

**Mixed Watercolor:** Starting Thursday, April 13 from 12:30 to 3:00 p.m. Join Jeremy, Watercolorist, for this 10 session, multilevel class that uses various mediums with natural and synthetic papers. Demos, constructive critiques, and special exercises enhance your own personal style. (Last class: June 15) **The registration fee of \$100.00 p.p. is due upon registering. A supply list is available upon request.**

**Shore Bet Band:** Thursday, April 13th at 2:00 p.m. Sit back and enjoy the musicians and vocalists from this Central Jersey based band, specializing in classic rock, dance, and country hits from the 50's to the 80's.

**Designing in Multimedia Art:** Starting Friday, April 14 from 12:30 to 3:00 p.m. Discover your unique talents in this 10 session, multi level class with Watercolorist Jeremy, learning the multiple mediums including watercolor, gouache, inks, oil pastels, liquid acrylics, and more. Working with the instructor, you'll decide how best to relate the mediums together in your works of art to create something you'll be proud of. Have fun seeing your personal style emerge in this supportive and creative environment. (Last class: June 23) **The registration fee of \$100.00 p.p. is due upon registering. A supply list is available upon request.**

**Sing Along with Teri:** Friday, April 14th at 2:00 p.m. Sing along with Teri Faro to the songs you know and love. Song sheets provided. If you enjoy singing you will have a good time!

**Warren Schein with Bob Egan:** Mon, April 17 at 2:00 p.m. Bob Egan and comedian, actor, and vocalist Warren Schein, return to the Senior Center performing songs from icons such as Dean Martin, Perry Como, Frank Sinatra, and so many more.



**AARP Smart Driver Class:** Tuesday, April 18 from 9:00 a.m. to 4:00 p.m. Enhance your driving skills during this AARP Smart Driver Course. There is no test involved. Most auto insurance companies offer discounts to individuals who complete the course. You must attend the entire class to receive a certificate of completion. **The class fee for AARP members is \$20 and \$25 for non-members. In-person registration only. Not available on Community Pass. Cash or check payable to AARP at the time of registration.**

**The Renaissance: The Reemergence of the Arts & Sciences:** Tuesday, April 18 at 10:30 a.m. via Zoom Baila Miller, of the Ringling College of Art & Design, returns to discuss Italian thinkers of the 14th century, who declared they were living in a new age, promoting a modern way of thinking about the world and man's place in it, coining their philosophy "Humanism."

**Michael & Ted Present:** Tuesday, April 18 at 2:00 p.m. Jerome Kern's vast output on Broadway has been overshadowed by one show, *Showboat*, but just as there was much more to this gifted composer's career in New York, there is a huge list of standards from his work in Hollywood. Songs from films like *Roberta*, *Centennial Summer*, and *Swing Time* made Kern a household name around the world.

**Monuments, Statues, & Cool Places of Washington DC:** Wednesday, April 19 at 10:30 a.m. Local historian Paul White discusses over 150 monuments, memorials, and historic buildings in the nation's capital. Please join Paul for an armchair tour of these sites that really do represent our American history and great country.

**Elyse Langley - You've Got a Friend:** Wednesday, April 19 at 2:00 p.m. Elyse Langley sings the hits of Carole King, Carly Simon, James Taylor, and more! Sponsored by Senior Helpers Home Care.

**Blueberries: New Jersey's Wonder Fruit:** Thursday, April 20 at 10:30 a.m. Food Historian and Certified Tea Specialist, Judith Krall-Russo, introduces this fascinating berry and its evolution from the "swamp huckleberry" to the wonder fruit that it is today. Learn about its history and health benefits, plus a variety of ways to prepare and savor these delicious berries.

**Paula Johns - What's It All About?:** Thursday, April 20 at 2:00 p.m. Paula Johns pays tribute to Burt Bacharach and Dionne Warwick and the many classic songs of this dynamic duo. Bacharach's relationship also extended to other singers such as Barbra Streisand, Dusty Springfield, and many others, producing classics such as *Alfie*, *What the World Needs Now*, *The Look of Love*, and various others.

**Jerry's Travels - Southwest National Parks & More Part 2:** Friday, April 21 at 2:00 p.m. Jerry Mirelli continues his tour with a visit to Antelope Slot Canyon, America's version of Jordan's Petra, which is part of a Navajo Tribal park and is only available to tour groups. We then visit Horseshoe Bend, the famous U-turn in the Colorado river, before a quick stop at the Glen Canyon Dam. Afterwards we continue to the spectacular Bryce and Zion National Parks and end our trip with a brief stay in Las Vegas.

**Yesterday Once More - A Tribute to the Carpenters:** Friday, April 21 at 7:00 p.m. Karen and Richard Carpenter return in this amazing recreation of the group in concert, featuring Karen, Richard, and their band. In the 70's, the popular sibling duo sold over 90 million records with mega hits like *Close to You*, *We've Only Just Begun*, *Top of the World*, *Rainy Days and Mondays*, and

others. This outstanding performance will take you back to a time when The Carpenters were indeed on the *Top of the World*.

**M.U.S.T. - Medication Use Safety Training for Older Adults:** Monday, April 24 at 10:30 a.m. The Medication Use Safety Training (MUST) for Seniors™ program is designed as an interactive, national initiative to promote safe and appropriate medicine use by enabling older adults to avoid medication misuse, recognize and manage common side effects, and improve medicine use, knowledge, attitudes, and skills to avoid medication errors.

**Donovan - Sunshine Superman Revisited:** Monday, April 24 at 2:00 p.m. Donovan was the quintessential rock troubadour of the 60's, with an eclectic style that blended folk, jazz, blues, psychedelia, and Indian music. In this lecture with music, Vinnie Bruno discusses Donovan's early days under the influence of Woody Guthrie and Bob Dylan. We will explore his most creative phase as a songwriter and recording artist and his relationship with The Beatles.

**Extinctions:** Tuesday, April 25 at 10:30 a.m. via Zoom Everyone knows that a meteor wiped out the dinosaurs, but what came before? Were all extinctions caused by rocks from space? And are we living in a time of extinction? Gloria Hoffner explains these and more somewhat scary facts.

**Before The Crown:** Tuesday, April 25 at 2:00 p.m. Long before Netflix gave us *The Crown*, filmmakers have taken us into the private lives of British royals. Entertainment historian and Senior Center favorite, John Kenrick, returns to deliver another fascinating lecture on a legacy that includes *Camelot*, *Becket*, *The Private Life of Henry VIII*, *Elizabeth R*, *The King's Speech*, and *The Queen* – to name just a few!

**History of Quilting & Modern Quilts:** Wednesday April 26 at 10:30 a.m. Learn about how quilting began and the migration westward from 1830 to 1860. The Singer Sewing Machine Company, handwork and applique technique, and the buttonhole stitch, and see the most famous quilt, "The Log Cabin." Presenter, Gail Thompson, will have modern quilts on display that she has hand sewn and quilted.

**Anthony Salazar, Magician:** Wednesday, April 26 at 2:00 p.m. A practitioner of carefully blended comedy, illusions, and award-winning sleight-of-hand, Anthony performs regularly in casinos, resorts, and theaters all over the world. His previous appearance at the Senior Center made him an immediate member favorite. Register promptly, before available seats "disappear."

**Chakra #1 - The Root Chakra:** Thursday, April 27 at 10:30 a.m. Adrienne Gammal returns to share her knowledge of The Chakra System with 7 ongoing classes about each chakra. For optimum knowledge, it would be best to attend all classes, however each one does stand alone on its own. In this class #1, learn all the attributes of this chakra, the Location, Color, Crystals, Element, Sound, Affirmations, along with a guided exercise to open & activate the Root chakra bringing stability, grounding, prosperity & health. The remaining free chakra classes will appear in future *Senior Focus* editions now through July.

**PB2 Duo:** Thursday, April 27 at 2:00 p.m. The acoustic duo of Phil Solomon (guitar/vocals) & Bob Reis (percussion), plays all the best soft classic rock from the 50's to the 80's. Music of The Eagles, Van Morrison, Jim Croce, James Taylor, The Beatles, America, Motown, and Doo-Wop. Enjoy the music of our lives, the songs you know and sing along to. PB2 has performed throughout New Jersey for the past 7 years in restaurants, clubs, private parties, active communities and summer concerts.

# Friendly Tidbits

April  
2023

Friends of the Senior Center, Inc.

609-448-7598

## Message from Maureen O'Brien, President

The Bingo Committee was glad with the turnout at February Bingo. We were delighted to see so many friendly faces and happy winners! March Bingo is on the 24th and registration has already begun so sign up now. Our Program Committee has chosen "Swing Into Spring" as the theme for our April 28th luncheon. And the travel committee has an exciting trip planned for July. All the details are below. Remember, for any "Friends" events, drop your completed form and check in the mailbox on the wall outside the door to the "Friends" office (right next to the soda machine). Finally, we send best wishes to Nancy Harrigan in her new position as Senior Center Director and look forward to her success.

Coming  
soon!

## Trip to 1000 Islands in Upstate New York! July 25 to 28, 2023

Pack your bags and come on vacation with the Friends to 1000 Islands in Upstate New York - July 25 - 28, 2023.

Enjoy two nights at the River Edge Resort in Alexandria Bay on the St. Lawrence River and a night in Albany, NY. Many sites to see and places to visit.

Stop by the Friends office or lobby for a flier or call the Friends office at (609) 448-7598 for more information. **THIS TRIP IS OPEN TO ALL FRIENDS AND FAMILY OVER THE AGE OF 18.**

## Friends of the Senior Center Swing Into Spring Friday April 28 - Doors Open 12:30PM

Catering by **Sal's Deli of Rossmoor** Entertainment by **Gary Morton**

**\$25 per person**  
(non refundable)

Must be a  
Senior Center member

Open Seating.  
(Reserved tables of 6 or 8 only)

**Registration deadline: Monday April 10**

 **Swing Into Spring Luncheon - Friday April 28, 2023 - 1:00 to 3:00 PM (Doors Open 12:30)**

Please return this  
sign-up form with payment

**\$25**  
per person

NON  
REFUNDABLE

Must be a  
Senior Center Member

**Make checks payable to "Friends of the Senior Center"**

Name: \_\_\_\_\_ Community: \_\_\_\_\_

Address: \_\_\_\_\_ Phone #: \_\_\_\_\_

Do you need transportation?  Yes  No



# TRANSPORTATION TRIPS

609-443-0511 John Magda, Transportation Manager

**Pre-Registration is Required for All Trips. Trip Registration is Wednesday, March 22, 2023, at 9:00 a.m.**

**If you are unable to participate in a trip, you must call to cancel.**

**THE TRANSPORTATION BUS WILL GO TO THE FOLLOWING LOCATIONS IN APRIL 2023:**

**Smithville on Tuesday, April 4, 2023 (Township Bus)**

*Leaving the Transportation Office at 9:00 a.m. with an approx. return 3:30 p.m.*

**Red Bank Antiques on Tuesday, April 11, 2023 (Township Bus)**

*Leaving the Transportation Office at 10:15 a.m. with an approx. return 3:00 p.m.*

## **Tropicana Casino** in Atlantic City, NJ (1 1/2 hours from the Sr. Ctr.) **Thursday, April 13, 2023**

Tropicana Atlantic City officially opened on November 23, 1981, with 521 guest rooms and a large casino. In May of 1985 a 1700-seat showroom was added, with Wayne Newton serving as the opening act. Other acts have included Patti LaBelle, Jay Leno, Dionne Warwick, The Smothers Brothers, Tom Jones and Tony Bennett. There are numerous locations within the casino where you can enjoy lunch: Carmines, PF Chang, Chickie's & Pete's Crab House, Broadway Burger Bar, and more.

*Departure Time: 9:00 a.m. / Return Time: 7:00 p.m. (Charter Bus)*

*Cost: Free; You will receive \$20.00 slot play from Tropicana. Lunch is on your own at the casino.*

## **Red Mill Museum Village & Hunterdon Art Museum** in Clinton, NJ (1 hour from the Sr. Ctr.) **Friday, April 14, 2023**

The beautiful and often photographed Red Mill Museum Village is overflowing with local history. It was in operation between 1810 and 1928 and became a museum in 1965. The village is home to the restored mill, a schoolhouse, blacksmith shop, dynamite shed, carriage shed, lime kiln, and more. The village's buildings are filled with more than 40,000 agricultural, industrial, and domestic artifacts. During our guided tour of the village you will learn about the history of the radio, life at the mill, and so much more.

The Hunterdon Art Museum is housed in a stone mill that sits on the Raritan River's south branch. The original mill built on this site in 1763 supposedly ground wheat for General George Washington's Revolutionary Army during its encampment in Morristown. From 1810 to 1828 Ralph Hunt owned this mill and the Red Mill across the river. At that time the town became known as Hunt's Mills until it was changed to Clinton in 1828, in honor of former New York Governor DeWitt Clinton. In 1952 it was put up for sale by Joseph Kreidel, the owner and miller. The idea for the museum and much of the building's \$10,000 purchase price came from James R. Marsh of Pittstown, who wrote a prospectus for the museum. In March 1953 the mill was dismantled and work began to convert the building into a museum. In the twenty-first century, the Hunterdon Art Museum continues to produce programs of excellence, expand its educational mission, and bring nationally and locally significant artists to the attention of visitors. During our guided tour we will learn more about this historic building.

### **Bridgewater Diner**

1244 US Highway 22, Bridgewater, NJ

**Please choose one of the following meals for lunch: Reuben, Crispy Fish Sandwich, Philly Steak, Grilled Chicken Sandwich, Spinach Romaine Cobb Salad. All meals come with cup of soup and French fries (except the Cobb Salad). Beverage choices are: Hot Coffee, Hot Tea, or Soda.**

### **Walking & Steps are required for this trip**

*Departure Time: 9:30 a.m. / Return Time: 4:30 p.m. (Township Bus)*

*Red Mill Guided Tour: 10:45 a.m. to 12:15 p.m. Hunterdon Art Museum Guided Tour: 12:30 p.m. to 1:30 p.m.*

*Cost: \$40.00 p.p. (Includes: Guided tour of both Museums, Plated Lunch, Hot Coffee, Hot Tea, or Soda, and Gratuity)*

**Metropolitan Museum of Art** in New York, NY (1 1/2 Hours from Sr. Ctr)  
**Thursday, April 20, 2023**

The Metropolitan Museum of Art of New York City, colloquially "the Met", is the largest art museum in the Americas. Its permanent collection contains over two million works, divided among 17 curatorial departments. The Metropolitan Museum of Art was founded in 1870 with its mission to bring art and art education to the American people. The first portion of the approximately 2-million-square-foot building was built in 1880. The museum's permanent collection consists of works of art from classical antiquity and ancient Egypt, paintings, and sculptures from nearly all the European masters, and an extensive collection of American and modern art. The Met maintains an extensive holding of African, Asian, Oceanian, Byzantine, and Islamic art. The museum is home to encyclopedic collections of musical instruments, costumes, and accessories, as well as antique weapons and armor from around the world. Several notable interiors, ranging from first century Rome through modern American design, are installed in its galleries.

You will be on your own to enjoy the museum. **Lunch is on your own at the museum. The Eatery is located on the first floor.**

*Departure Time: 9:00 a.m. / Return Time: 3:30 p.m. (Charter Bus)*  
*Cost: \$20.00 p.p. (Includes: Admission to Museum)*

**Walking & Steps are required for this trip.**

**Million Dollar Quartet @ Hunterdon Hills Playhouse** in Hampton, NJ (1 hour from the Sr. Ctr)  
**Tuesday, April 25, 2023**

This Tony Award-nominated musical sensation is based on the true story of December 4, 1956, when an extraordinary twist of fate brought Johnny Cash, Jerry Lee Lewis, Carl Perkins and Elvis Presley together at Sun Records in Memphis for what would be one of the greatest jam sessions ever! This poignant and funny musical features an incredible score of rock & roll, gospel, R&B, and country hits, performed live onstage by world-class actors and musicians. Hit songs include "Blue Suede Shoes," "Great Balls of Fire," "Folsom Prison Blues," "Hound Dog," and more!

*Departure Time: 10:00 a.m. / Return Time: 4:30-5:00 p.m. (Charter Bus)*  
*Show Time: 1:15 p.m.—3:15 p.m. (with one intermission)*

**You will be shown to our assigned tables. Seats at the tables are not assigned by us.**

*Cost: \$73.00 (Includes: Show, Plated Meal, Dessert, Hot Coffee, Hot Tea, and Gratuity)*

**Morris Museum** in Morristown, NJ (1 hour from the Sr. Ctr.)  
**Thursday, April 27, 2023**

Morris Museum's origins date back to 1913, when the Morristown Neighborhood House began displaying cultural artifacts from around the world for local children. Led by Mrs. Aldus Pierson, the House expanded its collection. By 1927 the museum filled seven rooms, featuring artifacts from Europe, South America, and Asia, as well as geological samples, nineteenth-century housewares, and children's toys.

Over the last century, the Morris Museum has evolved from a single collection displayed in a curio cabinet, to one of the most vibrant cultural destinations in New Jersey. Originally known as the Morristown Children's Museum, the museum has always made education a central part of its mission. Today the Morris Museum is proud to be the only Smithsonian affiliate in New Jersey. It is home to an ever-evolving array of innovative exhibitions and events that reflect the diversity and vitality of New Jersey.

**Black Horse Tavern**  
1 West Main Street, Mendham, NJ

**Please choose one of the following meals:** *Petit Pan Roasted Salmon with rice & seasonal grilled vegetable, Marinated Chicken Breast in a mushroom demi glace with fennel & spinach, or Grilled Flank Steak with tomato and arugula salad topped with goat cheese & balsamic dressing. All meals come with Romaine Caesar Salad and Fresh Baked Apple Pie. Beverage choices are: Hot Coffee, Hot Tea, or Soda.*

*Departure Time: 9:15 a.m. / Return Time: 3:30-4:00p.m. (Township Bus)*

*Guided Tour: 10:45 a.m.—11:45 a.m.*

*Cost: \$70.00 p.p. (Includes: Guided Tour, Plated Meal, Caesar Salad, Hot Coffee, Hot Tea, or Soda, Dessert, and Gratuity)*

**Walking and Steps are required for this trip.**

## **Important Transportation Information**

**All Members MUST BE ENROLLED** in our computer system (Community Pass) *prior to registering for trips*. If you have a **purple** membership card, your membership is current. You must have a cell phone number on file in order to go on any trips with us.

**You Must PRE-REGISTER** for all trips. The registration date and time is listed on pages 1 and 6 of the Senior Focus. Please keep in mind that not all trips are wheelchair/scooter accessible. Therefore, please call the office **prior to** registration day to determine which trips are accessible

Your seat will be **assigned by the transportation department via a lottery system** which is done prior to the trip date. You cannot change your seat number with anyone once it is assigned to you. You will be notified the day before the trip via email (if you have one on file with us), or via phone regarding your seat number. Please be sure to arrive 15 minutes prior to our departure time listed on pages 6 & 7.

### **In Person Trip Registration:**

Trip Registration takes place in the Senior Center, in the left room.

Doors open at 8:30 a.m., enter through the Front Door.

You cannot save a space in line for another member.

Registration starts at 9:00 a.m. (satellite/universal time)

Carefully complete the front **AND** back of the trip registration form.

One form PER member.

You can register for yourself and **ONE** additional member.

If you are registering for yourself and your spouse, then you cannot register for anyone else.

### **Payments:**

Payments are made via personal check or EXACT cash. We do not make change, nor do we take credit cards in person.

One check per household for total amount of registered trips.

DO NOT fill in the check amount until you know the total amount due.

Make checks payable to: **Township of Monroe**

If you are registering for yourself and another member with a different address, then **TWO SEPARATE CHECKS** are required.

### **At Home via Community Pass:**

Registration starts at 9:00 a.m., not a second before. Please use satellite/universal time.

If you have logged into Community Pass prior to 9:00 a.m. you will need to REFRESH your browser. Otherwise, you will not see the trips when they become "Public."

You are only able to register for yourself and other members of your household on Community Pass.

DO NOT ADD SOMEONE TO YOUR ACCOUNT. Doing so will not enroll the person because a Senior Center membership is required to be done in person.

If Community Pass is an issue for you, then you have the option of registering in-person as noted in the Focus.

### **Free Trips:**

Starting at 9:00 a.m. on registration day, you can register for a FREE trip online, via Community Pass, In-Person, or by calling: **609-443-0511**. Reservations left on the answering machine will not be honored. This applies to FREE trips only.

## **Trip Cancellation Information**

To avoid cancelling a trip, please check your personal calendar *before* registering with us. You must call the office if you do need to cancel, as this will enable us to call someone else on the waitlist. Thank you for your consideration.

**Our answering machine operates 24 hours a day.** Please leave a message with your name, phone number, and the trip date that you would like to cancel.

### **A REFUND WILL BE GIVEN ONLY IF:**

**Your seat is replaced by someone on our waiting list OR the trip is cancelled by us!**

**You are not allowed to give your seat to a friend.**